

**IN THE BEGINNING WAS THE  
WORD, AND THE WORD WAS  
WITH GOD, AND THE WORD  
WAS GOD.**

**JOHN 1:1**

**DO NOT LET ANY UNWHOLESOME  
TALK COME OUT OF YOUR  
MOUTHS, BUT ONLY WHAT IS  
HELPFUL FOR BUILDING OTHERS  
UP ACCORDING TO THEIR NEEDS,  
THAT IT MAY BENEFIT THOSE  
WHO LISTEN.**

**EPHESIANS 4:29**